

## WORKPLACE DRUG TESTING

In addition to the Occupational Health Care Act, the performance of drug tests in working life is regulated by, for example, the law on the protection of privacy in working life and the government decree on conducting drug tests.

Drug testing requested by the workplace is done by a urine sample. To ensure the reliability of the test system, sampling is followed by special instructions and is performed under laboratory-controlled conditions without compromising the privacy of the test subject. The treatment unit requesting the study informs the subject of the purpose and content.

### Before sampling

- Take an official identity card with you to the sampling (identity card, driver's licence, passport).
- Avoid excessive drinking before the sampling.
- Do not urinate for 2–3 hours before the sampling.

### Sampling

The sampling event is recorded and supplemented with the medication in use for the last 2 (two) weeks (including natural products) in a consignment that is signed by both the examinee and the sampler. By signing the document, the examinee agrees to drug testing and accepts the sampling procedure.

Where the provision of the sample is not immediately successful, the examinee can be given a glass of water every half hour, but no more than 1 litre in total.

The examinee monitors the progress of the sample processing until the samples are packaged for shipment. The test subject should be made aware of the possibility to challenge a confirmed positive result.