

EXFOLIATIVE CYTOLOGY, SPUTUM

Ex-Syto (4080)

Diagnosis of respiratory tumors and inflammation.

Sampling equipment

- Sampling container, with a fixative of 50–70% alcohol, 3 pcs
- Name tags 3 pcs
- Plastic bag (for example, Minigrip®)

Sampling

A sample is taken on three consecutive days, first thing in the morning before breakfast into three separate sampling containers. Effective and deep coughing is important for receiving enough material for examination. Expectorant coughing medicine helps in producing a good sample.

- A sample is coughed in the morning directly into an opened container. There must be plenty of sputum in the container. Saliva or nasopharyngeal secretion are not enough for the examination.
- The sampling container is carefully closed and the sample is mixed in with the alcohol.
- Attach a name tag you received from the laboratory or filled in yourself onto the sampling containers. The tag must display your name, social security number and day of sampling.
- After sampling, seal the sampling containers carefully in the plastic bag.

Storage and transport

All three samples can be brought into the laboratory at the same time. After sampling, the samples is stored in a refrigerator (2–8°C).

The samples are transported to the laboratory at room temperature.