

## HELICOBACTER PYLORI, ANTIGEN, STOOL

F –HepyAg (3952)

Demonstration of a Helicobacter pylori infection and monitoring of the success of a Helicobacter pylori eradication therapy.

### Sampling equipment

- Stool container, dry/screw cap
- Disposable sampling container
- Name tag
- Plastic bag (for example,

### Preparing for sampling

Certain medication should be avoided before the sampling. **Any discontinuation of medication should always be discussed with a doctor.**

#### Medicine that cannot be taken for 24 hours before the examination

- Hydrochloric acid secretion inhibitors: Cytotec, Famotidin Stada, Pepcid, Ranisan, Ranitidin Mylan, Ranixal, Zantac, Inside Brus, Ranitidin-Ratiopharm
- Agents impacting the intestinal motility: Constella, Gaspid, MCP-Ratiopharm, Metoclopramide Accord, Metoclopramide Orion, Motilium, Motilium Takeda, Motilium Tropfen, Primperan, Resolor, Mestinon, Ubretid Takeda Pharma
- Antacids: Balacid Novum, Magnesiamaito, Rennie, Natriumbikarbonat Recip
- Cytoprotective agents: Antepsin, Galieve, Gaviscon

#### Medicine that cannot be taken for two (2) weeks before the examination

- Courses of antibiotics
- Proton pump inhibitors: Acidal, Esomeprazol Actavis, Esomeprazol Krka, Esomeprazol Orion, Esomeprazol Ratiopharm, Esomeprazol Sandoz, Gasterix, Lanrec, Lansoprazol Krka, Lansoprazol Mylan, Lansoprazole, Lantil, Lanvone, Losec, Nexium, Omeprazol Actavis, Omeprazol Ratiopharm, Omeprazol Sandoz, Omestad, Pantopratsoli Sun, Pantoprazol Actavis, Pantoprazol Krka, Pantoprazol Mylan, Pantoprazol Orion, Pantoprazole Ratiopharm, Pariet, Rabeprazol Krka, Somac, Somac Control, Zolt.

#### Medicine that cannot be taken for four (4) weeks before the examination

- Helicobacter pylori eradication therapy: Helipak A, Helipak K

### Sampling

- Defecate into the disposable container. No urine can be mixed with the stool. Take a teaspoonful of the stool with the scoop attached to the container lid immediately after defecating. Runny diarrhoea is not a suitable sample. Close the lid carefully and ensure the outside of the container is clean.  
Attach a name tag you received from the laboratory or filled in yourself onto the stool container. The tag must display your name, social security number and day of sampling.
- After sampling, seal the stool container carefully in the plastic bag.

### Storage and transport

The sampling tube must be delivered to the laboratory as soon as possible, preferably on the day of sampling. The sample can be stored in a refrigerator (2–8°C) for three days.