

ELASTASE 1, STOOL

F -Elast1 (1718)

Investigation of pancreatic insufficiency

Sampling equipment

- Stool container, dry/screw cap
- Disposable sampling container
- Name tag
- Plastic bag (for example, Minigrip®)

Sampling

- Defecate into the disposable container. No urine can be mixed with the stool. Take a teaspoonful of the stool with the scoop attached to the container lid immediately after defecating. A runny sample may give an incorrect result. Close the lid carefully and ensure the outside of the container is clean.
- Attach a name tag you received from the laboratory or filled in yourself onto the stool container. The tag must display your name, social security number and day of sampling.
- After sampling, seal the stool container carefully in the plastic bag.

Storage and transport

The sampling tube must be delivered to the laboratory as soon as possible, preferably on the day of sampling. Refrigerated transport is recommended. The sample can be stored in a refrigerator (2–8°C) for three days.